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| **Volunteer Title** | Volunteer Doula |
| **Reporting to** | Senior Doulas |
| **Contracted:** | Bethel Health and Healing Network |
| **Based** | Jericho Foundation, 196 – 198 Edward Road. Birmingham B12 9LXwith involvement in the community |
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| **Hours** | Between 5 & 10 hrs weekly plus supporting the on-call rota where applicable |
| **Benefits** | * Attractive Tempo Time share offer.
* Transferable skills and a wealth of Experience
* References
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**ROLE DESCRIPTION AND SPECIFICATION**

Bethel Doula Service is currently funded by the NHS to provide and practical support to vulnerable and isolated pregnant women who are often refugees or asylum seekers. Our clients’ needs are complex, all are socially isolated and often have high anxiety over the birth, because of the many life issues they constantly face (e.g., immigration, housing, wider health service access). Access to antenatal classes is difficult, and difficulty in speaking or understanding English can cause breakdown in communication and access to support. They may have fled their home country very quickly due to threats or actual violence towards them.

In your role as a **Volunteer Doula,** you provide support to one or more Senior Doulas. You will perform one or more of the following duties:

**Duties**

* undertaking outreach visits to newly referred pregnant women.
* birth partner support as appropriate. Senior Doulas
* Taking calls and offering emotional support through face-to-face visits and telephone support during their pregnancy and initial weeks after the birth.
* Interpreting where applicable
* Delivering baskets to moms.
* Marketing the services to new and potential volunteers/service users
* Offering Admin Support
* Assisting with charitable support from food and clothing banks.
* Fundraising Support
* Provide post birth support such as helping mothers to develop baby care skills, successfully breastfeed.
* signposting to family and other services.
* act as advocates when dealing with key healthcare agencies.
1. To support pregnant women referred to the Doula Service
2. To maintain accurate records of visits via the logs, assessments and any other service user contact, reports and information received to Senior Doula
3. To attend support sessions and training.
4. To work within and adhere to all Bethel’s policies and procedures.

**Person Specification:**

**Essential:**

1. Caring, compassionate and non-judgemental
2. High level of self-motivation and ability to work on own initiative
3. An enthusiastic and positive team player
4. Ability to communicate effectively verbally and in writing
5. Satisfactory DBS check

**Desirable:**

1. Experience gained in a health or caring environment
2. A full driving licence and use of own transport
3. Understanding and experience of safeguarding procedures
4. Additional language skills
5. Health or Social Care qualification
6. Proven track record in working with vulnerable people in a community setting
7. Experience of working in maternity or clinical service delivery