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About us

Bethel Health and Healing Network an independent multi award winning charity. Originally formed in 2004 and achieving charitable status in 2006, we have continued to successfully provide and support services for the health and well-being of some of the most vulnerable people in the West Midlands area - supporting them to improve their physical, emotional, and spiritual health.

Our head office is based in Balsall Heath Birmingham, which provides our administrative services for the charity.

We currently have a team of 12 staff members, headed by a CEO and led by a Board of Trustees. Our services are supported by approximately 42 volunteers who work tirelessly in collaboration with our staff to deliver bespoke services to the community. We are passionate about ensuring access to high quality services to disadvantaged, vulnerable and Isolated communities.

Our Vision

Bethel exists to enable and empower people to become physically, emotionally, and spiritually healthy.

Our Mission

We aim to offer a range of holistic services that promote health and well-being to people in need.

Our Values

We have worked with all our staff, volunteers and service users to develop and agree our shared values.

These are the values that underpin and guide our actions as we strive to deliver our vision.

- Compassion
- Fairness
- Empowerment
- Integrity
- Partnership



Our Strategic objectives

We recently refreshed our strategic objectives that will inform and set our direction for the next 3-4 years.

The strategic objectives by which we will achieve our vision and mission are:

1. Promoting better mental health and well-being among the diverse communities of Birmingham.

Our Priorities:

- Review our Rapha Listening Services to extend its reach to diverse communities
- Improve access to and sign posting to complementary support services
- Delivery of an enhanced approach to Rapha Listening to support people with low level mental health problems

2. Developing a Place of Welcome

Our Priorities:

- Work with partners and service users to improve level of services provision
- Develop and embedding new models

3. Expansion of the Doula Service to serve existing and target new beneficiaries.

Our Priorities:

- Develop and embed a Bethel improvement methodology building on our existing approach
- Work with partners to expand and extend our offer
- Use evidenced based approaches to improve service delivery

4. Increasing impact through partnership.

Our Priorities:

- Review and strengthen strategic partnerships with statutory, and third sector partners and like-minded organisation



Our Strategic objectives

5. Bethel Health and Healing is an effective and sustainable organisation.

Our Priorities:

- Adapt to the accelerated role of Information Technology and consider the implications of Artificial Intelligence
- Develop a systematic approach to income generation, which identifies funding linking to mission, vision, and values of organisation
- Ensure that strategic and operational activities plan and adapt for the increase in demand for services





Our Services

Our flagship Services:



Provides emotional and birth partner support for vulnerable and isolated pregnant women and new mothers across the city



Provides a friendly listening service to the local community and those with low level mental health concerns.



Bethel Doula Service

We provide support to vulnerable and isolated pregnant women in Birmingham during their pregnancies, their childbirth and after their babies have been born.

Our team of experienced Senior Doulas and Volunteer Doulas help service users by:

- Meeting with and listening to each new service user to assess their needs
- Being a supportive and friendly birth partner
- Helping women to attend medical appointments
- Arranging essentials such as baby clothes, nappies, and Moses baskets
- Providing breast feeding support
- Hosting a weekly Mother & Baby group
- Running a fortnightly Parent Education & Health class
- Providing friendly emotional and practical support
- Helping to access other local support services



Our Services



Bethel Rapha Service

This is a friendly listening service for the local community. It has been set up so that local people can have somewhere to go where they can talk to someone in confidence about whatever is on their minds and to have someone sincerely, actively listen.

Our Rapha service volunteers are professionally trained to offer service users the opportunity to be:

- Listened to in a way which is not judgemental.
- Listened to by someone who has been professionally trained to hear and understand
- Respected and assured of a confidential listening service

The service is available to anyone over 18 years of age, we are currently expanding our pool of volunteers to include individuals who speak a community language.





Location

196 -198 Edward Road, Balsall Heath, Birmingham, B12 9LX

To Apply

For application or further information about the role informal please contact us on 07471 352 834 and ask for Iram Tariq or send email request to

Iram@bethelnetwork.org.uk

Closing date for applications: **midnight on 10th July 2022**

Bethel Health and Healing Network is proud to be an equal opportunities employer.

www.bethelnetwork.org.uk

